



Food with thought!

HEATHRIDGE PRIMARY SCHOOL

CANTEEN KINGS MENU FOR 2022

For a more detailed menu and to place your order online,

please go to QUICKCLIQ.COM.AU before 8:00am every Tuesday & Thursday.



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HOT FOODS

*COMBO BOX SPECIAL (THURS)	\$5.50
- Choose either Crumbed Chicken Goujons, Tempura Fish Bites or Crumbed Veggie Sticks served with potato gems & side salad.	
- ADD SAUCE OR EXTRA GOUJONS, FISH BITES OR PARTY PIES	
*BUTTER CHICKEN W/ RICE (Mild) (THURS)	\$4.50
*MEE GORENG NOODLES - 280ml v	\$3.50
- ADD TERIYAKI CHICKEN	\$1.00
*MAC & CHEESE - 280ml v (gf avail.) (THURS)	\$4.00
- ADD HAM	\$0.50
*PASTA BOLOGNAISE - 280ml (Beef or Vegie) (gf avail.) (TUES)	\$4.50
- ADD GARLIC BREAD	\$1.00
*ZINGER ROLL - 6in fresh baked roll	\$4.50
- Chicken Strip Sub Roll w/ shredded carrot, tomato & lettuce.	
*CHICKEN PARM ROLL - 6in fresh baked roll	\$5.00
- Chicken Schnitzel, parmy sauce, parmesean & lettuce.	
*YUMBO - 6in fresh baked roll	\$4.00
- Hot Leg Ham & Melted Cheese Roll w/ Aioli	
*HOT CHICKEN ROLL - 6in fresh baked roll w/ Mayonnaise	\$4.00
- ADD CHEESE	\$0.60

CK'S FRESH MADE PIZZA IN A BOX (TUES)

*CHEESE v	\$4.80
*HAM & CHEESE	\$5.40
*BBQ CHICKEN & CHEESE	\$5.90
*HAWAIIAN - Ham & Pineapple.	\$5.90
*SUPREME - Tomato, Onion, Capsicum, Ham & Cheese.	\$5.90
*VEGETARIAN - Tomato, Onion, Capsicum, Olives & Cheese. v	\$5.90
*Make it Gluten Free	\$1.50

MRS MACS PIES & SAUSAGE ROLLS

*CK'S HOMEMADE SAUSAGE ROLL	\$4.50
*LITE'N UP SAUSAGE ROLL (120g)	\$3.50
*BEEF CRUIZER (175g)	\$4.50
*VEGETABLE PASTIE (165G) v	\$4.50
*BLACK BEAN & CHIPOTLE BURRITO ROLL (140g) v - Mild Spice	\$4.00
*SPINACH & RICOTTA ROLL (g) v	\$4.00
*SAUCE SACHETS - Tomato, BBQ or Sweet Chilli	\$0.30

BURGERS (THURS) & HOT DOGS

*HOT DOG - Classic frankfurt with sauce on fresh 6in baked roll.	\$4.00
*BURGER & SALAD - Choose from 120g Beef Pattie, Vegan Vegetable Pattie or Crumbed Fish Fillet on a fresh baked bun.	\$5.90
*CHEESEBURGER w/cheddar cheese, pickles, sauce on a fresh bun.	\$5.90
*GRILLED CHICKEN BURGER - Fresh chicken breast with tomato, carrot & lettuce on a fresh bun. Choose either Cajun or Garlic Herb.	\$5.90
*CHICKEN SCHNITZEL BURGER - Homemade schnitzel with tomato, carrot & lettuce on a fresh baked bun.	\$6.50

OPTIONAL EXTRA'S

*Fried Onions/Beetroot/Pickles	\$0.50
*Pineapple Ring	\$1.00
*Cheddar Cheese	\$1.00
*Fried Egg/Bacon (2pcs)	\$1.50
*Make it Gluten Free	\$1.50
*Mustard (American/Dijon/French/Wholemeal), Siracha	\$0.30

SANDWICHES, BAGUETTES & WRAPS

	sml	lge
*TOASTED SANDWICHES - Choose from Cheese, Chicken, Ham, tuna, tomato etc on White, Wholemeal, Multigrain or Gluten Free.		From \$3.50
*B.L.T. - Bacon, Lettuce & Tomato on Toasted Turkish Bread.		\$4.00
*CHICKEN CAESER WRAP - Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg & Caesar Dressing.		\$4.50
*C.Y.O. (Create Your Own) - Choose your style then fill it as you see fit!		From \$3.00
Comes with carrot, lettuce & tomato as standard.		

FRESH SALADS - 500ml container

*CHICKEN CAESER SALAD - Fresh baked Chicken Breast with Cos Lettuce, Parmesean, Bacon, Egg, Croutons & Caesar Dressing.	\$6.00
*ROAST PUMPKIN SALAD - Spinach Leaves, Fetta & Sundried Tomato tossed with fresh Roasted Pumpkin. v	\$6.00
*GREEK SALAD - Mixed Leaf Salad with Tomato, Cucumber, Fetta, Olives, Red Onion, Capsicum & Dressing. v	\$6.00
*MEXICAN SALAD - Shredded Lettuce, Carrot & Cheese, Capsicum, Tomato, Sour Cream, Salsa & Corn Chips. v	\$5.50

CK'S SUSHI - Made fresh daily on premises!

*SUSHI HAND ROLL - An uncut roll of sushi with your choice of Chicken Teriyaki, Tuna, Egg, Vegetarian or Spicy Crispy Chicken!	\$6.00
*Add Avocado	\$1.00
*Extra Soy Sauce	\$0.20
*Portion of Wasabi & Pickled Ginger	\$1.00

SNACKS

	sml	lge
*FRESH FRUIT SALAD - 380ml		\$4.00
*CK'S FRESH MUFFINS - Banana, Apple Cinnamon or Chocolate.	\$2.00	\$3.50
*ANZAC COOKIE		\$1.20
*RAINBOW CHOC COOKIE		\$1.50
*POPCORN		\$1.00
*BROWNIE'S YOGHURT - 170g		\$2.20
- Vanilla Bean, Banana & Honey, Peaches & Cream or Mixed Berries.		
*HEALTHY SNACK BOX		\$5.00
- A serve of Hummus with carrot & cucumber sticks, cheddar cheese & crackers and fresh fruit.		
- ADD A PIECE OF SUSHI		\$1.00

DRINKS

	sml	lge
*WATER (600ml)		\$2.00
*SPARKLING WATER (500ml)		\$2.50
*BROWNIE'S CHILL (300ml & 600ml)	\$2.50	\$4.00
- Choc, Strawberry, Banana or Mocha.		
*GOLDEN CIRCLE 100% JUICE POPPER (250ml)		\$2.20
- Apple, Tropical or Apple & Blackcurrant.		
*GLEE (250ml) - 99% Carbonated Fruit Juice		\$2.50
- Blackcurrant, Sour Watermelon, Raspberry or Tropical.		
*UP & GO (250ml)		\$2.50
- Chocolate, Vanilla or Banana.		
*LIPTON ICED TEA (500ml)		\$4.20
- Lite Peach, Lemon		
*WATERFORDS LITE (475ml)		\$3.50
- Raspberry, Passionfruit or Blackcurrant.		
*KOMBUCHA (250ml)		\$3.50
- Ginger Lemon, Passionfruit or Raspberry Lemonade.		

CANTEEN KINGS

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