

Dear Parent / Caregiver,

Your child's class has been selected to participate in Foodbank WA's Food Sensations program at Heathridge Primary School on Friday, 29 April 2022.

As part of this incursion, your child will learn about healthy eating and nutrition through fun activities and will work in teams to cook a delicious healthy meal to share with the class. Students will take home a range of resources, including their very own recipe book!

The Food Sensations program is delivered by qualified nutritionists and dietitians and is provided to the school free of charge.

**Parents are more than welcome to come and join in the fun on the day. Please see the classroom teacher for session times.**

It would be great if your child could bring a container for any leftover food we may have, this will ensure we have less food waste and they can bring their food creations home!

If you have any queries or concerns regarding your child's participation in this incursion, please contact the classroom teacher or myself (contact details below). For more information about the Food Sensations program, or Foodbank WA's other nutrition education programs, please visit [foodbank.org.au/healthyeating](http://foodbank.org.au/healthyeating).

Kind regards,

**LAURA BRYCE** PUBLIC HEALTH NUTRITIONIST  
School Breakfast & Food Sensations® for Schools Programs  
BSc (Nutrition), BSc (Health Promotion)

Phone: (08) 9463 3228

Email: [Laura.Bryce@foodbankwa.org.au](mailto:Laura.Bryce@foodbankwa.org.au)



Dear Parent / Caregiver,

Your child's class has been selected to participate in Foodbank WA's Food Sensations program at Heathridge Primary School on Friday, 29 April 2022.

As part of this incursion, your child will learn about healthy eating and nutrition through fun activities and will work in teams to cook a delicious healthy meal to share with the class. Students will take home a range of resources, including their very own recipe book!

The Food Sensations program is delivered by qualified nutritionists and dietitians and is provided to the school free of charge.

**Parents are more than welcome to come and join in the fun on the day. Please see the classroom teacher for session times.**

It would be great if your child could bring a container for any leftover food we may have, this will ensure we have less food waste and they can bring their food creations home!

If you have any queries or concerns regarding your child's participation in this incursion, please contact the classroom teacher or myself (contact details below). For more information about the Food Sensations program, or Foodbank WA's other nutrition education programs, please visit [foodbank.org.au/healthyeating](http://foodbank.org.au/healthyeating).

Kind regards,

**LAURA BRYCE** PUBLIC HEALTH NUTRITIONIST  
School Breakfast & Food Sensations® for Schools Programs  
BSc (Nutrition), BSc (Health Promotion)

Phone: (08) 9463 3228

Email: [Laura.Bryce@foodbankwa.org.au](mailto:Laura.Bryce@foodbankwa.org.au)

